

EMR/EMT/AEMT/Paramedic Competency: Nasopharyngeal Swab (NP swab) for COVID-19 testing

Employee Name: _____ Branch/Program: _____ Date: _____

Evaluator: _____ Employee's Supervisor: _____

Goal: To collect a specimen for COVID-19 testing														
Learning Resources: YouTube Nasopharyngeal Swab														
Instructions: Employee please review the referenced material and perform a self-assessment by placing a check mark under the rating scale.														
Employee has read and is familiar with the protocol for this procedure (please circle): Yes or No														
Rating scale: N/A= Non-applicable 1= Novice with little or no previous experience, training and supervision needed. 2= Advanced Beginning with some experience, able to perform with assistance, more training and supervision needed. 3= Competent and able to perform independently						Validation Methods: CS= Case Study CA= Chart Audit D= Employee can return demonstration of skill DR= Discussion/reflection O= Observation of skill T= Post Test								
Self-Assessment			Required Competencies				Performance Validation			Date of Proficiency	Comments			
1	2	3					CS	CA	D	DR	O	T		
Before Procedure														
			Explains the procedure to patient including the purpose of the test.											
			Obtain consent from the patient											
			Select the appropriate test kit for the COVID-10 testing lab. Review the manufactures packing for specific instructions.											
			Verifies patient's full name and date of birth against order, labels, and requisition form.											

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Self-Assessment			Required Competencies	Performance Validation						Date of Proficiency	Comments
1	2	3		CS	CA	D	DR	O	T		
			Verifies clinician’s orders and correlates test request with the specimen to be collected from the patient.								
			Wears personal protective equipment: N95 mask, goggles or eye shield, gown and gloves.								
			Check for nasal obstructions								
			Open swab packet using aseptic technique								
			Gently insert the swab into the nostril keeping the swab near the septum floor.								
			Gently push the swab into the nasopharynx and insert about halfway from the nasal opening to the patient’s ear.								
			Rotate the swab several times.								
			Leaves the swab in a few seconds to absorb secretions.								
			Obtain a second swab and ask the patient to open their mouth.								
			Swab the posterior pharynx, avoiding the tongue.								
			Place swabs immediately into sterile tubes containing 2-3 ml of viral transport media. NP and OP specimens may be kept in separate vials or combined at collection into a single vial.								
			Labels all specimens in the presence of the patient to help prevent mislabeling.								
			Places all specimen tubes in a laboratory biohazard transport bag.								

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		Places the requisition form inside the pouch of the biohazard bag									
		Removes and discards gloves and any other PPE									
		Performs hand hygiene.									
		Places the specimen(s) in the specimen refrigerator for PHL to pick up.									

Evaluator Comments:	
Plan of Action if competency was not demonstrated:	
Plan of Action deadline (Date):	Date of next skills review:

Print Employee Name (Last, First) Signature Date

Print Evaluator Name (Last, First) Signature Date